

F O L L O W

WEEK THREE OF FIVE

TIME WITH GOD

One of the most important parts to following Jesus is listening to (and doing) what he says. Want a practical step? Take the next 16 days and walk through the book of Mark with Adam. That's one email a day for the next 16 days. It takes less than a minute to sign up!

SIGN UP TODAY AT: iamembrace.com/mark

TIME WITH OTHERS

Want to take the message a little further? Get together with a group of friends, co-workers or family and talk about the message! These questions will help you dive into the word as you grow in community with others.

Simply watch the message, get together with a group of people, and read the questions. If you're feeling really crazy, try praying before and after you meet. God will be there with you!

- 1 Have you ever felt like you were supposed to do something? What was it? Did you follow through?
- 2 Read John 16:7-15 together. What parts of this passage stand out to you? What challenges you? What questions do you still have?
- 3 Read Galatians 5:22-26. When we try to follow the Spirit, Adam shared that we also need to follow the fruit. How could this verse make you more confident in the Spirit's call for you to act? How can you use this verse as a filter to help you follow the Spirit?
- 4 Adam shared that following the Spirit is more about being consistent than having "big" pursuits. What does that mean to you? How could you do a better job of being consistent in following the Holy Spirit?
- 5 Read Romans 7:18-19. Looking at this passage, what are some reasons why we feel opposition to following the Spirit? How can you fight this resistance in your own life?
- 6 Is there one thing the Holy Spirit has been asking you to do? Share with the group.